

CBIT Cambridgeshire, Bedfordshire, Hertfordshire is a regional group of the national Charity offering support and information on acquired brain injury in children.

Who do we support?

- Children with an acquired brain injury
- Parents
- Brothers and sisters
- Other relatives
- Professionals working with children with an acquired brain injury

How do we make a difference?

- Support groups for families across the UK
- Publications and resources for children, families and professionals
- Workshops for staff in education and health
- National conferences
- Events for families

How we really help you...

"After my son was diagnosed with a brain tumour and severe epilepsy, CBIT was the first organisation that did not just promise to send some relevant information and contact details, but actually kept their word. At the time, when life as one knew it had ended and taken on a completely new turn - one that felt like an endless maze without a clue for direction - it helped to hold on to the shared experiences of the wider community of others in similar circumstances. Reading the CBIT information pack gave me hope of a new direction and a guide through the complex issues surrounding brain injuries."

A parent, Cambridge

For further details, a copy of the information pack (available free of charge) or links to other organisations please contact:

Angela Beric

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email: angela.beric@taylorvinters.com

www.cbit-cambsbedsherts.org.uk

Summer 2008



Child Brain Injury Trust Cambridgeshire, Bedfordshire and Hertfordshire

Offering support, resources,
information and advice to
families with a child with an
acquired brain injury



www.cbit-cambsbedsherts.org.uk

Family Support

It can be an isolating experience when your child acquires a brain injury. There is so much to deal with that life often becomes about survival.

You may find that it is impossible for life to continue as it did before, so other things like friendships, work and social commitments fall by the wayside out of necessity.

It can be reassuring to know that others are experiencing the same kinds of issue and are able to give expert and personal advice on how to deal with them. Being part of CBIT gives you that chance.

For further information contact Angela Beric at CBIT on
01223 394986 or
01223 225255 or
email
angela.beric@
taylorvinters.com

Access to professionals not available on the NHS

At each of our meetings, you will have access to professionals that are not normally available on a one-to-one ongoing basis. Our support group includes the following experts:

- **Clinical Psychologist/Child Neuropsychologist** can provide help clarifying problems, help with problem solving strategies and advise on managing behaviour
- **Paediatric Nurse** can answer any questions or concerns you have about your child's medical treatment
- **Solicitor** (specialises in acquired brain injury) can offer advice about whether there is a claim for compensation that can be pursued and how to obtain a wide range of treatment
- **Occupational Therapist** can advise on assessments and equipment that may be useful to you and your child
- **Benefits Officer** can discuss whether you are receiving all the benefits/grants/awards you are entitled to
- **Headway Hospital Support Officer** (if your child is approaching 16) can discuss how Headway can support you in the future

Each meeting is also attended by other parents of children with an acquired brain injury, giving you the chance to talk to people who understand you and your child.

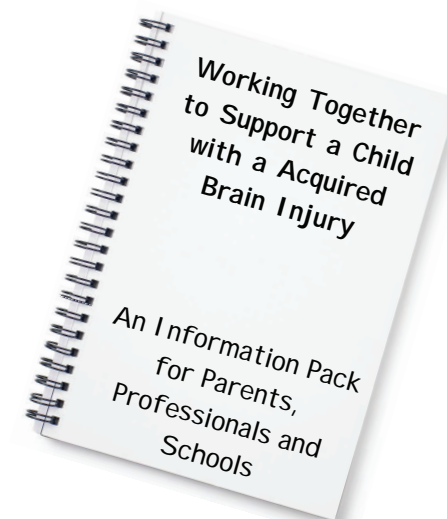
Free Information Pack

CBIT has put together an information pack for parents, professionals and schools about working to support a child with an acquired brain injury in the local area.

The information pack gives you access to all types of information including:

- The professionals that you are likely to come into contact with
- What to expect when your child leaves hospital
- What to expect during the first few weeks of school
- Aids and equipment your child could find useful
- Changes in behaviour that you could witness and how best to manage them
- Advice on how other family members (e.g. siblings) can manage with the change in the child
- Advice on financial support
- Recommended books for further reading

For your free copy contact CBIT on: 01223 225255/01223 394986 or download it
www.cbit-cambsbedsherts.org.uk



Social Events

CBIT holds regular social events where children with an acquired brain injury and their families can meet other families in the same situation. Social events are free of charge for your child and subsidised for all the other family members. Events include ten-pin bowling, coffee mornings, and

trips to the zoo. We are always looking for new ideas, so if you have a favourite day out, please let us know.

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